



NEWS RELEASE

Fast Forward readers name The Mustard Seed as best local charity

FOR IMMEDIATE RELEASE – June 12, 2009

Calgarians have spoken! Fast Forward Magazine released their annual Best of Calgary results this week, naming The Mustard Seed the city's best local charity.

For 12 years now, Fast Forward readers have been voting for the city's favourite people and places in the annual Best of Calgary readers' poll. This is the seventh year The Mustard Seed has been named Calgary's charity of choice.

"We're honored to be chosen again as Calgary's charity of choice by Fast Forward readers," says Pat Nixon, CEO and founder of The Mustard Seed. "This is a wonderful form of recognition for both The Mustard Seed and the thousands of generous Calgarians that lend their time, talents and support to our ministry. It's our selfless community members that truly make The Mustard Seed a home for the thousands of homeless who come to us for support."

The Mustard Seed is celebrating 25 years of caring for Calgary's less fortunate. With the support of the community and over 11,000 volunteers, The Mustard Seed provides for the essential needs of the homeless with food, clothing and shelter provisions, along with over 40 innovative, life-changing programs in education, employment, health and wellness, supported housing, and arts and recreation.

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For more information, please contact:
Courtney Fliss, Communications Specialist
The Mustard Seed Street Ministry
Cell: (403) 615-1263
E-mail: courtneyfliss@theseed.ca