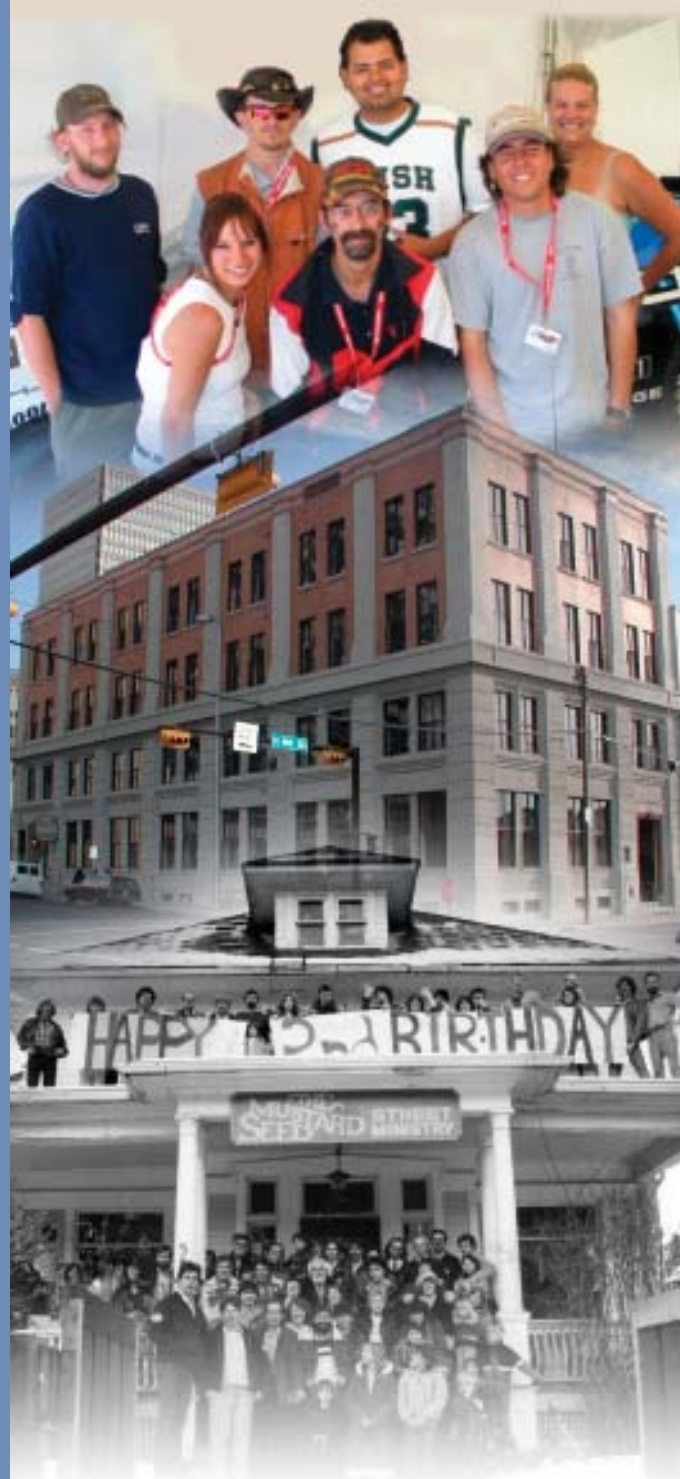


"The SEED has sprouted; it has taken root in the hearts of the city. It's a place to which citizens turn when they're in need, and where fellow citizens volunteer, because it works."

*Her Excellency
the Right Honourable
Adrienne Clarkson,
C.C., C.M.M., C.O.M., C.D.
Governor General
of Canada*

A Miracle on Centre Street



ANNUAL REPORT
APRIL 2004 - MARCH 2005

"Celebrating 20 Years —
Changing Lives"

...fulfilling dreams

"Dreams come true... Without that possibility, nature would never incite us to have them."

- John Updike



Resource Summary

April 2004 – March 2005

Resources

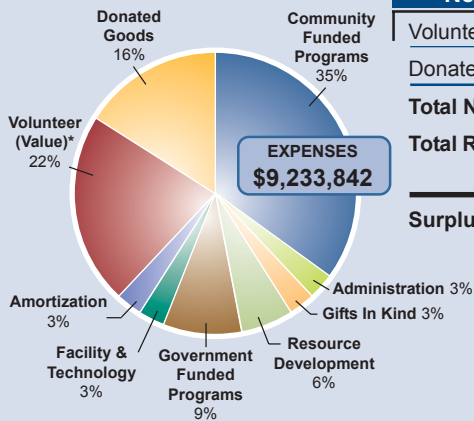
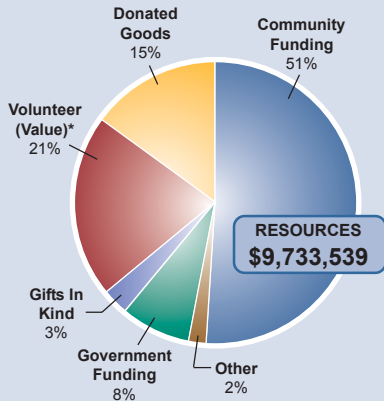
RESOURCES (AUDITED)	
Community Funding	\$ 4,986,872
Other Revenue	\$ 167,598
Government Funding	\$ 806,611
Gifts In Kind	\$ 247,924
Total Revenue	\$ 6,209,005

Expenses

EXPENSES (AUDITED)	
Community Funded Programs	\$ 3,289,973
Administration	\$ 248,342
Gifts In Kind	\$ 247,924
Resource Development	\$ 591,779
Government Funded Programs	\$ 806,611
Facility and Technology	\$ 263,982
Amortization	\$ 250,697
Total Expenses	\$ 5,699,308

NON-MONETARY RESOURCES (UNAUDITED)	
Volunteer — value*	\$ 2,043,293
Donated Goods	\$ 1,481,241
Total Non Monetary Resources	\$ 3,524,534
Total Resources	\$ 9,733,539
Surplus	\$ 509,697

NON-MONETARY EXPENSES (UNAUDITED)	
Volunteer — value*	\$ 2,043,293
Donated Goods	\$ 1,481,241
Total Non Monetary Resources	\$ 3,524,534
Total Expenses	\$ 9,233,842



* Volunteer hours of 178,039 at \$11 per hour and 1,667 professional hours at an average of \$50.91 per hour.

Thank you for your support.

For a complete Audited Financial Statement please refer to www.theseed.ca.

Major Supporters

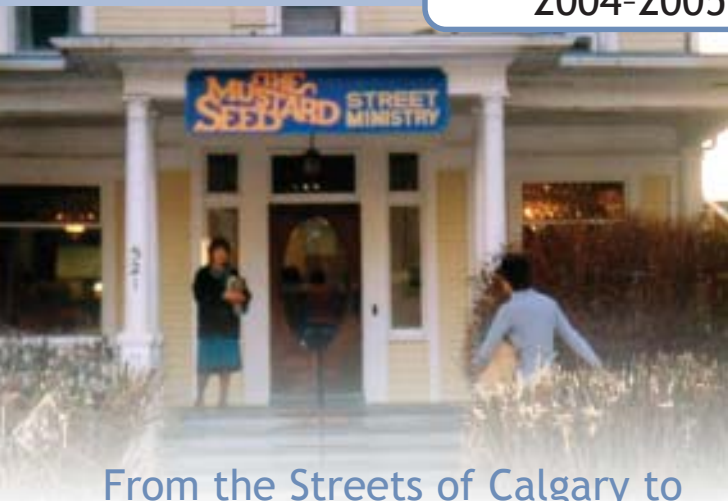


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changing lives...

Melissa, escaping an abusive husband, ended up on the streets in a life of drugs and prostitution.
"I frequented the Mustard Seed often, for a meal, a shower, clothes of my rope, and the services that were offered brought me back from the streets. I could always be found there. I was comforted by how the people at The Mustard Seed were able to see the real me. I have been sober for almost a year and a half, I have a baby girl named Grace, after the grace that has been shown to me. I have been accepted into a substance abuse counselling program in Calgary. I am not prostituting, get off the streets. There is no doubt in my mind that I am here this today. Thank you for your time and God Bless everyone."

2004-2005 Highlights



From the Streets of Calgary to the Order of Canada

It wasn't much — just a dark, basement room offered by the people of First Baptist Church as a street kids' hangout — the "Burning Bush Coffee House", where Pat Nixon, a street kid like the others, could feel loved and accepted. Eyes of compassion saw what others might not have seen — the value and potential within each individual, regardless of the facade.



Pat Nixon, Founder and Executive Director of the Mustard Seed Street Ministry, will be invested into the Order of Canada on September 9, 2005.

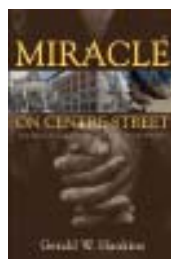
Often referring to himself as the "reluctant visionary", Pat explains that he was quite comfortable washing the coffee mugs and was hesitant sharing

his life story to a small group, much less agreeing to take the reins of the fledgling Mustard Seed. However, once he did, he grew and matured along with the ministry, and today he is a well-known speaker and ambassador on behalf of Canada's less fortunate. In 2001, he was named Calgary's Citizen of the Year.

The Mustard Seed celebrated 20 years of ministry this year! As well as feeding and housing hundreds of people, The SEED also offers progressive programs through its Creative Centre that break the cycle of homelessness and allow people to work toward their potential, despite their circumstances. The barriers that once existed are being swept aside through education, employment training and advocacy.

Celebrating 20 Years of Ministry

On November 25, 2004, The SEED celebrated twenty years of service to Calgary's homeless and disadvantaged. To mark this monumental occasion, we held a birthday party to look back over the accomplishments of the past twenty years and to dream for the next twenty. As part of our celebrations, two books and a CD were released.



Miracle on Centre Street,

written by Dr. Gerald Hankins, is an inspirational book filled with stories of real acts of compassion that have not only changed individual lives but have also touched the soul of a community.

"83 cents" is a photographic journey, by Joey Podlubny, through the lives of Calgary's street people. It provides a unique perspective from which to view people who, to most, are nameless and faceless. For many it will be an opportunity to be touched by the humanity of the people portrayed in it.



The Corpus Christi Male Chorale's, "A Christmas Collection of Music and Miracles" CD is a

celebration of the stories that make us appreciate why giving is truly better than receiving. A beautiful collection of timeless music portraying the spirit of Christmas.

MISSION STATEMENT

The Mustard Seed (Calgary) Street Ministry is a non-profit, Christian, humanitarian organization that responds compassionately to the needs of the inner-city's less fortunate through mobilizing and working with the church and the community.

Drugs and prostitution...

power, clothes, and escape from the elements. Many times I had been at the end back from the depths of despair. A kind word and a nudge in the right direction people at The SEED were able to see past my addiction and my profession, and a year and a half and am free from any abusive relationships and situations. I have been shown to me from God and His helpers, especially those at The SEED. I am doing my program in BC and will be doing my practicum at an agency that helps women. No doubt in my mind that without the help that I received...I would not be writing this. Bless everyone at The SEED."



Statistics

Services Provided to Guests of The SEED

Basic Services

- 1,875 stayed in Emergency Beds
- 406 stayed in supported housing
- 462,924 meals
- 711 food hampers
- 705 new and used work boots

Industrial Arts Training Program

- 11 employed
- 150 hours of life and people skills training
- 423 hours of technical training
- 2,200 hours of production

Recreation

- 888 participated in activities (wilderness adventure, sporting events, art programs)
- 64 group activities

Chaplaincy

- 46 weeks of Alpha™ (discipleship) courses
- 70 (average) attended weekly Sunday service
- 45 were remembered at memorial services



Celebrating Changed Lives

A highlight of our year is celebrating the successes of our guests, some of whom have overcome incredible odds to break their cycle of homelessness. At our Celebration of Lifelong Learning this past year, 63 received certificates from four programs. Eight applied and were accepted to five post-secondary institutions. Through the generosity of several donors, we were able to offer scholarships for those students.

Mary, one student, commented, "The fact that someone believed in me and thought I might be able to learn at university level, caused me to start to believe in myself."

Art feeds the soul and is a deep expression of self. On October 1, 2004, five of our guests in the Industrial Arts program planned and organized an art show entitled "Buffalo City Sticks" to share their work with the community. Reg Knelson, one of the artists said, "For me, this program encourages guys like me to follow our dreams...my dream is to make a commercial success of my art." All the artists sold artwork at the event.

Recreation provides opportunities to interact with others and with nature and to escape the concrete jungle.

Guests are pushed outside their comfort zones and are confronted to think and do new things. For many, this is the first time they have had a chance to do new things. These new experiences often start the process of change.

Since 1999, Nahanni Wilderness Adventures has partnered with The SEED to provide an annual white water rafting trip. This year, 25 guests went along. One person who went rafting expressed that the trip made her overcome personal fear and become more confident in her own ability.



Industrial Arts participants

Guests Giving Back

SEED guests donated their Sunday offerings of \$1,856 to children in South Africa and their coffee money of \$5,814 to Pan da Vita Fund (Ecuador). Over 361 guests also gave back to The SEED through volunteering.

"My mentor has been a constant support for me this past year. It's extremely valuable to have someone from the outside give me support and feedback. He always stays involved in my life and knows when to give me space. He is a friend, someone I can trust and trusts me. He knows me. We have developed a friendship that I know we will keep for many years to come."

- Don, IA Participant





Church & Community Involvement

There is no way we could provide the level of care we do without the **9,987 volunteers** who provided 179,706 hours of care to the guests we serve. This is an increase of 2,765 volunteers from last year. Volunteers provide the equivalent number of hours as 90 full-time staff. We wish to thank all our volunteers who give so generously of their time.

Our community education program provides awareness in the Calgary community and beyond. In addition to the large number of volunteers, we have seen:

- 1,306 individuals tour The SEED
- 9,183 individuals attend presentations at Churches, schools and businesses
- 842 Mountain Movers pray for The SEED every day
- 348 youth participate in Demo and College Crew (an intensive inner-city ministry training)
- 12 practicum and work experience students train at The SEED

In July 2004, one leader and four youth from Cold Lake participated in our Demo Crew program. Going to Demo Crew has opened doors in their community. They have set up a non-profit society, Jericho Youth Society, through which they are mobilizing the community to develop a youth centre. It will provide a safe place for youth on weekends as well as life skill development during the week. They have secured government funding and support from the community and various churches in the area. The Demo Crew experience is still impacting those in Cold Lake.

Karim — "In the last three years I have gained much more than just friends at The SEED—I have really gained a great deal of satisfaction and happiness in my life that I am able to give back to the community and help others."

Virginia — "I can't express the blessings I have received in my life from my connection to The SEED. I am so blessed by the work you are all doing, and to be able help in a small way..."

Dode — "A place where the homeless are not nameless or faceless."



Centre Street Church "Ministry to Others" group



Computer lab

Education

- 57 in academic upgrading
- 188 in computer training
- 38 graduated with university credit in partnership with St. Mary's University College
- 392 academic advising sessions

Employment

- 54 completed self-employment training in partnership with MCC employment development
- 24 worked with the Calgary Herald as "Street Hawkers"
- 1,102 resumes prepared
- 910 job searches
- 10,788 visits to drop-in computer lab



Street Hawkers

Health and Wellness

- 3,000 health care visits through a partnership with the Alexander Community Health Centre, Community Health Bus
- 1,409 chiropractic appointments
- 45 mental health assessments



Flames Alumni and SEED guests

- 110 occupational therapy interventions and assessments
- 129 crisis interventions
- 106 assisted in obtaining government issued identification
- 67 detox referrals
- 62 assisted with damage deposits
- 1,067 appointments for advocacy
- 63 assisted in obtaining prescription medication

Christmas at The SEED

Volunteers and supporters continue to bless our guests at Christmas.

- Bannerman/Clark Family & Friends served over 1,400 turkey dinners on Christmas day
- 176 families visited our Toy Shoppe
- 2,132 people volunteered their time at Christmas
- 5,447 Warm Feet for the Street socks were distributed



Changing Lives...Fulfilling Dreams

As you read this Annual Report, you will see that 2004–05 has been an amazing and productive year for The SEED. We celebrated 20 years of successful and blessed ministry that resulted in many positive changes in people's lives. From the delivery of basic care for the homeless to more advanced programs of education and employment readiness, we watched our programs become more effective in both delivery and results.

One of the highlights this year was seeing the increase in community involvement, evidenced through the 9,987 people that shared their time to make a substantial difference in their community. These saints of compassion came from churches, businesses, service clubs and homes all over Alberta. With such a mighty army of community care, it is absolutely possible to move mountains of indifference that separate needy people from the answers that give them the strength to stand. It is our volunteers' hard work on boards, preparing and serving food, leading support groups, tutoring students and so on that makes The SEED the spectacular ministry that it is.

In the midst of great results, we are persistently seeking out our identity and our intended future. Our Board of Directors re-asked the questions, "Who are we, what do we do, and where are we going?" Our board, staff and volunteers want The SEED to be constantly forward-thinking. We want to assure all of our stakeholders that we will continue to move this organization into the future, affording better opportunities for those who seek our care and assistance to stand above their difficult circumstances.

We believe in miracles and know that God through us will change the lives of many. Thank you for your partnership; please help us build that partnership in the years to come.

Pat Nixon, C.M.
Founder and Executive Director



The Mustard Seed Street Ministry

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Baptist Union of Western
Canada

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Mr. Fred Weiss, MBA

Director of Ministry Support
Samaritan's Purse

Major Supporters

Continued from Resource Summary page.

8th & 8th Chiropractic Clinic	Mark Antosz Professional Corp
Acorn Consulting Engineering	Markin Petroleum Ltd
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ARC Financial Corporation	Maurice and Gloria Walsh
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BP Foundation Inc	North Hill News
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Brian and Denise Cumming	Page Dynamics Graphic Design
Calgary Pick Your Part	Pattison Outdoor Advertising
Caltech Surveys	Pats Off Road Transport Ltd
Century Services	Plaza Properties
Chuckwagon Caterers (Don Luzzi)	Prudential Steel Ltd
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David and Sheila Sandmeyer	Regal Building Materials Ltd
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Durk and Janny De Jong	Silver Bay Resources Ltd
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EPCOR Centre for the Performing Arts	Talisman Energy Inc
Eskimo Refrigeration Ltd	Telus
First Baptist Church	The Buller Foundation
FK Morrow Foundation	The Calgary Foundation
Frances and Marjorie Lefavre Foundation	Enso & Fern De Paoli Fund
GAPS Prop Shop Ltd	Hodgson Family Fund
Gerrit and Jenny Top	Marilyn Milavsky
Great Prospects Inc	William Rausch Legacy Fund
Hawkwood Baptist Fellowship	The Candy Man
Hewlett-Packard (Canada) Co	The Hunter Family Foundation
IBM Canada Employees Charitable Fund	The Legacy Charitable Foundation
Jim Faryna	The Lloyd Carr Harris Foundation
Kenneth Copeland Ministries	The Real Canadian Superstore
Kevin and Marianne Reinhart	TransCanada Pipelines Limited
Kiwanis Club of Calgary Chinook	UniGlobe Custom Travel
Kosmetikos Hair & Aesthetics	Vari-Systems Inc
Lanka Charitable Foundation	Vern and Sharon Faith
Linda and Kenneth Bolstad	Veteran Resources Inc
	Wal-Mart
	Walter Rechenmacher
	Weldon and Pauline Dueck
	William and Marie Libicz

Dinner Groups

The following sponsored meals throughout the year.

3M Canada	Holy Cross Anglican Church
Abbeyle Christian Fellowship	Holy Trinity Anglican Church
All Saints Lutheran Church	Hopewell Residential Communities
Apache Canada Ltd	Hunt Personnel/Temporarily Yours
Beddington Pentecostal	IHS Energy
Bethal E. M. Church	Living Grace Fellowship (WCG) Calgary
BP Canada Energy Company	Marlborough Pentecostal Church
Bragg Creek Cookers	Mary A. Tidland Charitable Foundation
Bridge Group	Mount Calvary Lutheran Church
Calgary Free Methodist Church	Renfrew Baptist Church
Canadian Western Bank, Macleod Tr	Single Volunteers Society of Calgary
Christ Morvarian Church	South Calgary Community Church
Coco Brooks Pizza	Springbank B&B
Crossroads Community Church	St. Peter's Anglican Church, Okotoks
Duke Energy	St. Pius X Church
Dynasty Furniture	Stepper Custom Homes Inc
First Church of Nazarene	Sunwest Christian Fellowship
Friends and Coworkers of Andy Stork	Thornhill Baptist Church
Gentry Resources Ltd	Varsity Bible Church
Grenada/Canada Social and Cultural Association	Westview Baptist Church
Guard Resources Ltd Social Club	
Hewlett-Packard Company	

Names listed with permission.